



Top Ways to Engage Kids Without Electronics

Storytelling

Children love hearing stories about their parents childhood and the childhood tales of Aunts, Uncles and friends. They love sharing stories about their dreams or your dreams. They love a story about a pet. There are so many fun ways to start the imagination going, and they will want to help make it magical.

Sing-a-longs

Every day there is a chance to sing. In the car, before bed, while cooking or washing your face. Singing the favorites that your family knows, adds to the fun. Yellow Submarine, She'll be Coming Round the Mountain, I've Been Working on the Railroad, This Land is Your Land, Oh Susannah, You are My Sunshine, and so many more. It is particularly fun to rewrite the lyrics to fit your family. "Sally's" coming round the mountain when she comes..., "Mike's" been working on the "legos" all the live long day.... Any lyrics will do and add to the fun.

Dance Parties

A few minutes of dancing is a great way to unwind, de-stress, and get a little exercise. Most kids will enjoy nursery rhymes to classic rock and roll, but any music with a beat will get everyone on their feet and moving. Take turns teaching moves to each other and see what kind of creative dance you can make happen.