



Moving to the Music

Art to the Music

You need a large sheet of newspaper print to cover a table, and any music will do. It will be fun to see how the artwork changes with the pace and rhythm of music. Allow the children to walk around the table with marker or crayon in hand, making movements on the paper to the beat of the music. Vary types of music or play a stop and go "freeze" game. Ask children to draw what the music sounds like!

Freeze Dance I work with kids that are 2-4 and we love to play freeze dance. Pick any kind of music (the faster the better), have the kids dance to the music and freeze when it stops. The positions are great that the kids end up having.

Matching Game with Music

Teaching letter recognition, sounds, or reading. Set up chairs in a circle or use a coffee table that children can walk around. Put pictures on the chairs or spaced evenly around the coffee table. Choose pictures that are easy to read such as: Cat, Hat, Dog, Bed, Bat, Rat, Ball.

Give each child a letter or written word that correspond to the pictures. Before the music stops, they must find the picture that matches the word or letter they are holding. Then put the words or letters in a bowl and let the children pick a new letter.

The Old Grey Cat (find the melody on-line)

<https://www.youtube.com/watch?v=qejvIGCLec8>

One child or adult is the cat. The cat "sleeps" in a corner of the room not too far away.

Everyone else pretends to be mice. You are then able to start the game. As the mice crouch in place, you sing:



"The old grey cat is sleeping, sleeping, sleeping
the old grey cat is sleeping in the house."

The cat stays sleeping, and you continue

"The little mice are dancing, dancing, dancing (children dance on their spot)
the little mice are dancing in the house!"

"The little mice are nibbling, nibbling, nibbling (children nibble) the little mice are
nibbling in the house!

The little mice are resting, resting, resting (children get back into a resting crouch
position) the little mice are resting in the house!"

Mice stay resting and attention goes back to the cat.

"The old grey cat comes creeping, creeping, creeping, the old grey cat comes
creeping in the house! The little mice go scampering, scampering, scampering, the
little mice go scampering in the house!

Take turns being mice and the cat.