



Fun With Apples

After you have a chance to listen to some music about fruit, *I Love My Apples*, *Farmer Brown*, *Delectable Fruit*, follow up the fun with some great activities.

-Apple Prints: Cut apple in half, across stem to show star in the middle. Dip in paint and press on paper.

-Make applesauce together. *Applesauce recipe*: Pare, quarter and core 5 large apples. Combine apples with 1/3 cup water and 2 tablespoons cinnamon. Cover and simmer 10 minutes until tender, or microwave 5 to 8 minutes on high. Let your child mash apples or press the button for blending in food processor.

-Apple sachet: Materials, apple and whole cloves. Process: Poke whole cloves into the apple until it is covered. As the apple dries, the scent of the apple and cloves combine.

-Sing along to *Farmer Brown* and use 5 real or pretend apples. Someone gets to be Farmer Brown and remove one apple for each verse. Apples can be made of green felt, bean bags or ready-made plastic fruit. Other students can hold apples and sit down as their apple is taken away.

Make your arm into an apple tree. Paint it with washable brown paint and then dip each finger into green or red paint for the apples.

-Take a field trip to an apple orchard and pick apples. After picking several kinds, have an apple tasting and rate which are sour, sweet, soft, crisp, and juicy. Graph the results.

-Read the book "Johnny Appleseed" by Steven Kellogg

Make up a story with your child about finding dozens of apples. Have each character in the story make something with the apples. Have your child pick things you can make such as cider, applesauce, apple cake, apple pie. Then pick one of those treats and make it together.

One more apple song: Way up high in an apple tree, 2 little apples were looking at me. I shook that tree a hard as I could and down came an apple! Mmm, Mmm, Mmm, was it good! Now there is one little apple in the apple tree.